

## Leaders Action Board (LAB) – Program Meeting Summary & Leadership Topics

LAB Leaders serve for 12-month, renewable terms. Over this period, Leaders attend ten monthly sessions. Seven sessions focus on making connections and leadership development and involve LAB Leaders and advisors. Two sessions are public events that the LAB plans and that are known as *Service Across Generations* events. LAB Leaders also host a networking event to meet emerging leaders involved with other groups. The LAB does not meet in August or December.

Below is an outline of the planned program cycle. Each session connects to the next; however, Leaders can join at any point in the twelve-month cycle. Meetings will generally take place for 90 minutes on weeknights in cafes, restaurants, or offices. Events will generally take place for 2 to 4 hours and will be scheduled based on the recommendations of the host. The program cycle is flexible, and the leadership development topics are selected based on the interests of the group. See the next page for examples of topics that could be facilitated by program advisors.

<b>Pillar 1: Make Connections &amp; Leadership Goals</b>	
<b>Session 1</b> (September)	<ul style="list-style-type: none"> <li>• Make connections and learn more about SAGE’s intergenerational work.</li> <li>• Share your areas of interest and leadership goals.</li> </ul>
<b>Session 2</b> (October)	<ul style="list-style-type: none"> <li>• Participate in a fun, team building and leadership development activity.</li> <li>• Affirm plans for the upcoming November <i>Service Across Generations</i> Event. For this program year, this event is pre-planned so incoming LAB Leaders can focus on helping with and experiencing the event versus planning it.</li> </ul>
<b>Pillar 2: Leadership through Intergenerational Service</b>	
<b>Session 3</b> (November)	<ul style="list-style-type: none"> <li>• Participate in the first <i>Service Across Generations</i> event.</li> <li>• Capture the spirit of the event in photos, videos, and interviews.</li> </ul>
<b>Session 4</b> (January)	<ul style="list-style-type: none"> <li>• Debrief the event, and brainstorm ideas for a second event including purpose, audience, prospective partners. Select a date and venue for the second event.</li> <li>• Participate in leadership development activity.</li> </ul>
<b>Session 5</b> (February)	<ul style="list-style-type: none"> <li>• Affirm plans for second <i>Service Across Generations</i> event.</li> <li>• Participate in leadership development activity.</li> </ul>
<b>Session 6</b> (March)	<ul style="list-style-type: none"> <li>• Participate in second <i>Service Across Generations</i> event.</li> <li>• Capture the spirit of the event in photos, videos, and interviews.</li> </ul>
<b>Pillar 3: Leadership Reflections</b>	
<b>Session 7</b> (April)	<ul style="list-style-type: none"> <li>• Debrief second event and plan the networking social.</li> <li>• Participate in leadership development activity.</li> </ul>
<b>Session 8</b> (May)	<ul style="list-style-type: none"> <li>• Participate in leadership development activity.</li> <li>• Continue to plan networking social.</li> <li>• Plan for recruitment of new LAB Leaders, and election of new officers.</li> </ul>
<b>Session 9</b> (June)	<ul style="list-style-type: none"> <li>• Host networking social event.</li> </ul>
<b>Session 10</b> (July)	<ul style="list-style-type: none"> <li>• Reflect on experiences during program cycle.</li> <li>• Share stories and progress on personal leadership growth.</li> </ul>

The above program cycle involves ten sessions over an eleventh month period (September through July). The LAB term is considered a twelve-month term because SAGE's staff separately onboard each LAB Leader prior to their first LAB meeting.

Throughout the program year, SAGE will also be organizing and hosting other activities and events. LAB Leaders are welcome to participate in these other activities and events as well.

### **Examples of leadership development topics that could be facilitated by SAGE advisors.**

SAGE's advisors are available to connect informally with LAB Leaders and are also available to help facilitate conversations on leadership development topics. Listed below are examples of these topics organized in two categories: nonprofit engagement and project management. These topics were developed based on input from our LAB Alumni.

During the program year, the LAB will be able to learn more about several leadership topics. For a given topic, a LAB advisor will generally share a few high-level points and then facilitate a more open conversation about the topic. LAB Leaders bring their own knowledge, experiences, and skills to these conversations. All Leaders will be encouraged to actively share and learn together as peer-to-peer mentors.

#### **Nonprofit engagement and leadership:**

- How public charities are structured, and the role of the board
- Strengthening our social movements through network thinking
- Nurturing more diverse and inclusive social movements
- Promoting more equitable outcomes in education, environment, economy
- How public charities attract resources to advance their mission
- Value of working across generations
- Motivations for giving forward
- Maintaining hope and heart in trying times

#### **Project management and leadership:**

- Scoping and scaling a project, and avoiding scope creep
- Generating energy, inviting "buy-in," and inviting others to engage
- Prioritizing actions when everything seems like a priority
- Budget development and management
- Making choices and little bets when there is no obvious "best choice"
- Practicing mindfulness and other approaches to centering focus
- Time and task management